

# Patient Information Guide

# **Thank You for Choosing MiOrtho Surgery Center**

MiOrtho Surgery Center is a state-of-the-art outpatient surgical center specializing in orthopedics. We are committed to delivering the highest quality patient care, patient safety and clinical excellence by providing affordable health care through highly skilled and compassionate health care professionals.

Our facility is a safe and convenient alternative to inpatient hospitalization. All appointments are scheduled in advance and, unlike a hospital, we can avoid delays and interruptions due to other surgeries or emergency cases.

Our physicians meet stringent criteria to be a member of our medical staff. Nurses, technicians and support staff are highly experienced and well-trained to provide optimal patient care while addressing individual needs.

## PRIOR TO YOUR SURGERY

You will receive two calls from our office prior to your surgery. Our clinical staff will contact you to review your health status, go over pre-operative instructions, and identify any special needs you may have. A second call with your arrival time will be made the day prior to your procedure. If you have a deductible, co-payment, or co-insurance due, our billing office will notify you. We are always available to answer your questions or find the answers for you, and we encourage you to tell us if there is anything you do not understand or if you would like us to explain something in more detail.

If your medications include blood thinners, you will need to discuss this with your surgeon prior to your surgery. Please call us at **248-234-9317** if you have not discussed blood thinners with your surgeon before the day of your surgery. It is important to follow all instructions your surgeon has given you.

To assure your safety during recovery from anesthesia, you must arrange for an adult to accompany you to your appointment and drive you home upon your discharge. If you do not have a ride your appointment will be cancelled.

# THE NIGHT BEFORE YOUR SURGERY

Please bathe or shower the night before or the morning of surgery to minimize the risk of infection. Also brush your teeth, but do not swallow any water.

Do not eat or drink anything after 11:00 pm the night before your surgery, unless instructed otherwise. Refrain from smoking after midnight the night before surgery.

Please bring all your medications with you in their original containers. If you use an inhaler, bring it with you. If your physician has given you medical records or other documents related to your surgery, please bring them with you.

# THE DAY OF YOUR SURGERY

If you are taking any medications, you should take them as instructed by the MiOrtho staff. However, drink only a **small** sip of water if you need to take medication **within 2 hours** of your arrival time. If you have any questions regarding your medications, call us at 248-234-9317.

Wear comfortable clothing that can be easily removed. Do not wear any jewelry. Do not wear any make-up. If you wear contacts, bring a contact lens case and your glasses. If you use a hearing aid, you may bring it with you. If you are having shoulder surgery, wear a large button-down top and elastic pants. We also recommend bringing a pillow in the car for the ride home.

To allow for registration and a nursing evaluation, please arrive at the MiOrtho Surgery Center at the time our staff has provided you.

Please bring your driver's license and your current insurance card with you. If you do not have a driver's license, another form of identification will be required.

We have reserved parking for our patients located at our entrance. Once inside, your registration will be completed and your nurse will escort you to the pre-op area, where your nurse will conduct a short assessment. Next, your anesthesiologist will review your medical history, do a short physical examination, and discuss the anesthesia to be used for your surgery.

If you are pregnant, or could possibly be pregnant, please notify us immediately upon arrival. Medications, anesthesia, and/or the use of radiation may harm your developing fetus.

### DISCHARGE AND RETURNING HOME

Before you leave, we'll provide you with follow-up instructions to take home related to diet, activity, medication, surgical site care and minimizing any post-surgical pain. Take this opportunity to ask any questions regarding your post-discharge and recovery care.

For the public's safety as well as your own, MiOrtho Surgery Center requires you to have someone to drive you home after surgery unless your surgeon and the

management have pre-approved other arrangements. Some procedures, anesthesia, and medications may impair your ability to drive safely for a period of time following surgery. You should also have a responsible person stay with you after surgery, including the first night after you return home.

Follow the discharge instructions given to you, including making and keeping any follow-up doctors' appointments.

One of our MiOrtho nurses will call you the day after surgery to see how you're feeling and address any questions or concerns.

If you have any questions or experience any unusual discomfort, call your doctor. In an emergency, go to the nearest emergency room or call 911.







### **PATIENT RIGHTS**

We are pleased that you are considering care recommended by your physician at the Center. Health services involve a partnership among patients, families, and health providers. Your acceptance of your doctor's referral for treatment at the Center is voluntary. You have the right to obtain these recommended services from any facility of your choice.

# When you are a patient, you have the right to:

- Considerate, respectful, private care in a safe setting, without regard to age, race, color, religion, nationality, gender, sexual orientation, disability, or source of payment.
- Know the names of the people treating you and to receive an explanation of how our healthcare professionals are credentialed. This includes providing you with information you may desire about the credentials of our Center's staff and the physicians on our medical staff.
- Be fully informed about your health condition, including possible treatments or procedures, expected outcome, and to discuss this information with your doctor before treatment is performed.
- Consent to or refuse a treatment. If you refuse a recommended treatment, you will receive other needed or available care without being subjected to discrimination or reprisal.

- Have an advanced directive, such as a living will or healthcare proxy.

  These documents express your choices about your future care or name someone to make decisions if you cannot speak for yourself. If you have an advance directive, please provide a copy to the Center. Because we offer procedures that are considered to be elective, we will not honor a do-not-resuscitate directive while you are a patient.
- Be free from all forms of abuse or harassment.
- Expect that medical records are confidential unless you have given permission to release information or reporting is required or permitted by law. You may review your records and have the information explained, except where restricted by law.
- Expect the Center will give you necessary services to the best of its ability. Treatment, referral, or transfer may be recommended. If transfer is recommended or requested, you will be informed of the risks, benefits, and alternatives. You will not be transferred until the other provider agrees to accept you.
- Know if the Center has relationships with outside parties, such as insurers or educational institutions, which might influence your treatment and care.
- Consent or decline to take part in research affecting your care. If you choose not to take part, you will receive the most effective care the Center provides.
- Receive information about Center guidelines that affect your care, charges and payment methods.
- Privacy throughout your visit including your admission, preparation for treatment, surgery and recovery.

# Our responsibilities include:

- Accurately informing the public of the Center's licensure, Medicare Certification, accreditation status and our coverage for professional liability.
- Having up-to-date and accurate information about our hours, services, and capabilities available during your stay. Additionally, we provide instructions for after-hours and emergency care.
- Assuring that you or the person legally responsible for your care decisions is aware of options and, except when emergency circumstances cause delays, in choosing and refusing treatment.
- Making sure that you are comfortable with your choice of doctor.
- Providing you information about your health and treatment to allow you to guide decisions about your care. Please do not hesitate to ask any questions you might have while you are here or to call us any time.
- Informing you of any complications, errors, or other unwanted events in your treatment. Involving you in steps which can be taken to address these issues.
- Treating your records confidentially and securely, except when we are required by law to disclose information. We will ask for your written approval before releasing information to your health plan or to anyone else not legally entitled to such information. We also take precautions to help prevent and detect medical identity theft.
- Informing you if any aspect of your care involves any experimental techniques or research and assuring that you are aware of your right to refuse to participate.

  As such, we will proceed only with your consent to do so.

- Involving you or someone responsible for your care in plans for and education about your treatment after your procedure at the Center.
- Letting you know about the cost of your treatment, payment policies, and procedures for getting allowable reimbursement under any health plans in which you're enrolled, such as Medicare or other insurance, or through other arrangements with the Center. We'll also inform you of portions of your care that your health plan will not reimburse, so that you can make an informed decision about proceeding. We are glad to provide an explanation of billing information to you.



# As our patient, you can help us meet our care commitments by:

- Arranging for a responsible adult to accompany you to the Center, to transport you home afterward, and be available for the day following your discharge to the extent your doctor recommends.
- Accepting responsibility at registration for the cost of care not covered by your insurance or some other arrangement.
- Informing us fully and accurately of your health conditions and habits, including any communicable diseases and any allergies and sensitivities, and the medications you take, including non-prescription remedies and dietary supplements.
- Advising us of any living will, medical power of attorney, or other directive which might guide the care we provide to you.
- Letting us know immediately of any change that you experience in your comfort and condition while at the Center.
- Telling us if any aspect of your treatment and care after discharge will be difficult for you and helping us to discover any alternatives.
- Following the care plan you and your doctor have agreed upon, including keeping follow-up appointments.
- Observing Center policies adopted for patient safety and comfort and complying with applicable laws and regulations, such as our smoke-free building policy.
- Showing respect to the Center's other patients, its staff, and its physicians.

• Know how to voice concerns regarding treatment or care that is or fails to be furnished. If for any reason you are dissatisfied with your care at the Center, we urge you to report this as promptly as possible to:

Executive Director 29110 Inkster Rd, Suite 100, Southfield, MI 48034 (248) 234-9300

You also may express a complaint to State officials by toll-free telephone, by facsimile, by mail, or by completing a complaint form-on line.

Michigan Department of Consumer & Industry Services Bureau of Health Services Operations, Complaint Investigation Unit 611 W. Ottawa, Lansing, Michigan 48909 Telephone: (800) 882-6006 Facsimile: (517) 241-0093 www.michigan.gov/bchs

Additionally, satisfaction concerns of Medicare patients may be directed to the Office of the Medicare Beneficiary Ombudsman, whose role is to help Medicare patients understand their Medicare options and apply their Medicare rights and protections. https://www.medicare.gov/claims-appeals/how-to-file-a-complaint-grievance

Please feel free to contact the Center at (248) 234-9300 if we can answer any other questions about our patient care philosophy and policies.



Your payment to the MiOrtho Surgery Center is for the facility fee only. You will receive separate bills for surgeon services, anesthesia, lab services, or any equipment such as crutches or slings, and any diagnostic services, as applicable.

Our office personnel are happy to answer questions regarding charges and/or payment and will work with you to make payment arrangements before your surgery. We accept MasterCard, VISA and Discover Card as well as payment in cash or by check.

## NON-DISCRIMINATION POLICY

MiOrtho Surgery Center provides for admission and services without regard to race, color or national origin, or on the basis of disability or age. If you have a specific question, comment or complaint please do not hesitate to contact the Executive Director of MiOrtho Surgery Center at 1-248-234-9300.

MPS ASC Ventures Inkster, LLC (dba MiOrtho Surgery Center) is owned by Michigan Professional Suites holdings, LLC (MPSH). Michigan Orthopaedic Surgeons involved in MPSH ownership and credentialed at our surgery center include: William Brian Acker II MD, Hassan Alosh MD, Perry Altman MD, James Bicos MD, Jeffrey Devitt MD, Nicholas Dutcheshen MD, Christina Endress MD, Michael Flierl MD, Paul Fortin MD, Allan Grant MD, Perry Green MD, Kevin Grant MD, Joseph Guettler MD, Marc Jacobson MD, Mark Karadsheh MD, Jad Khalil MD, Sean Matuszak MD, Daniel Park MD, Rachel Rohde MD, Jeffrey Shapiro MD, Paul Shapiro MD, Matthew Siskosky MD, Gregory Sobol MD, Zachary Vaupel MD, Brett Wiater MD, and J. Michael Wiater MD.

Because new physicians are added periodically, please contact your physician if you are interested in knowing if they have ownership in MiOrtho Surgery Center.

### ADVANCE DIRECTIVES AND LIVING WILLS

MiOrtho Surgery Center has the purpose of being an ambulatory surgery center to provide elective surgical procedures to stable patients. Therefore, the board of managers and the medical staff have elected not to recognize and/or provide patient care during the patient's admission to the Center in accordance with either the patient's advance directives or living will. Please feel free to bring your advance directive documents with you to the Center and we will be happy to put them in your chart in the event you need to be transferred to another facility in an emergency.

### **DRIVING DIRECTIONS**

# <u>Traveling from the east:</u>

Travel I-696 W to Southfield, taking exit 10 to merge onto M-10 N (Northwestern Hwy.) toward US-24/Telegraph Rd. Turn left onto Franklin Rd. Then turn right onto W 12 Mile Rd. Turn right onto Inkster Rd. MiOrtho Surgery Center is on your right.

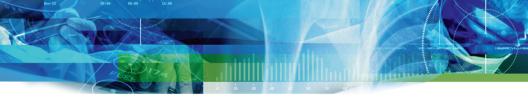
# <u>Traveling from the west:</u>

Traveling I-696 E, take exit 5 to Orchard Lake Rd. Turn left on Orchard Lake Rd. Then turn right onto W 12 Mile Rd. In 2 miles, turn left onto Inkster Rd. MiOrtho Surgery Center is on the right.



29110 Inkster Rd., Suite 100 Southfield, MI 48034 248-234-9300

For more information about MiOrtho Surgery Center, visit www.miorthosurgerycenter.com



Notes		

Accredited by



accreditation association  $\ensuremath{\textit{for}}$  ambulatory health care, inc.

MiOrtho Surgery Center is licensed by the State of Michigan, accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) and certified by the federal Medicare Program (CMS).